



As a new academic and athletic year begins here at Pacific, there is great anticipation and excitement for what lies ahead. The campus has seen many changes with the completion of the new residence hall (Burlingham Hall) and the new College of Health Professions campus in Hillsboro. There have been many changes and additions as well in athletics which have bolstered our programs as we begin competition in 2006-07.

On the personnel side, we welcome three new coaches to our staff: Joy Boswell in women's soccer, Alec Webster in men's & women's swimming and Grier Gatlin as associate head coach in track and field.

Joy comes to Pacific following a very successful stint as head girls' soccer coach at Sunset High School. Alec takes over our swimming programs following a very successful coaching career at Division III Lake Forest College in Illinois. Grier joins our track and field program after seven years as the head coach in cross country at Southern Oregon University. Grier will also serve as recruiting coordinator for a program which we expect to grow significantly in both the quality and quantity of student-athletes over the next several years.

We also are excited to welcome Brian Cool as our new athletic facilities manager. Brian replaces Joe Boyd who recently retired after serving as facilities manager at Pacific for over 20 years. Brian has tremendous experience in both indoor and outdoor athletic venues having served as head grounds superintendent for the Florida Marlins.

We are also very excited about the growth in the athletic program here at Pacific over the past two years. Thanks to the great recruiting efforts of our coaching staff, the number of students participating in athletics at Pacific has increased 71 percent, from 270 in 2004-05 to 381 this year. Increased numbers and quality of student-athletes participating in Pacific Athletics is a key component of our strategic plan and will play a major role in enabling our programs to compete at a high level within our conference in the future.

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A Boxer Profile

DOLPHIN LOVES GAME TOO MUCH TO GIVE IT UP BEFORE IT'S TIME

EDITOR'S NOTE: *This story originally appeared as Blake Timm's "Sidelines" column in the Sept. 20, 2006 edition of the Forest Grove News-Times.*

For as long as she can remember, soccer has been a part of Katie Dolphin's life.

It started as an infant when she started watching her father, Bob, play in leagues in her native New York state. It is why her parents lied about her age to get Katie into her first competitive league — at age four.

It is why she is not going to let a severe knee injury get into the way of ending her Pacific soccer career end on a positive note. Not this knee injury, or the one before, or the one before that.

"I can't give it up," the Barlow High School graduate said. "I was introduced to soccer when I was two weeks old and I've been kicking it ever since. It's the only sport I have ever really played. It's everything to me."

That's why it pains Dolphin to be sitting on the sidelines for the second season in four years, watching her Boxer teammates play instead of being in the mix herself, making a difference at the offensive end.

Charged up and ready to return to the field after a once-in-a-lifetime trip to watch the World Cup in Germany, Dolphin jumped at the opportunity to play as a fill in player on her father's co-ed adult league team in Gresham. She went up for a header, landed wrong and promptly dislocated her knee, ending her season before it began.

It was not the first such injury for the senior forward in a Pacific career that has had more bad luck than an Oklahoma football fan at Autzen Stadium. Two years ago, Dolphin suffered a season-ending foot injury during a preseason road run simply by stepping off a curb wrong.

During the first spring practice leading up to the 2005 season, Dolphin planted her foot into a hole on Pacific's Tom Reynolds Field, blowing her MCL and breaking her right femur. She recovered in time for the fall season, but never had the time to fully complete her rehab. She walked, ran and played with a trademark "Dolphin Limp" all year.

Then lightning struck in the same



Katie Dolphin, left, is destined to finish out her Pacific women's soccer career despite the third major on-field injury in her four-year career. Photo by Jaime Valdez.

place for a third time — on the same knee.

"They got me into a car and I had a five minute meltdown thinking about how this was supposed to be my senior year," Dolphin said. "I had been playing with (Pacific forward) Laura Hill since I was 12. I didn't get to play with her my sophomore year and I didn't get to play with her our junior year because she was injured."

"It went through my mind that I let myself down and I let my team down."

But like the two times before, Dolphin is not going to let her body stand in the way of finishing out her collegiate soccer experience. She went under the knife on Sept. 21 at Meridian Park Hospital with hopes that her orthopedist could put her knee back together and get rid of the Dolphin Limp for good.

While she is on track to graduate in May, Dolphin plans to return for the fall 2007 season. It is worth the extra \$12,000, she says, to have one more shot at leaving it all on the field.

When she leaves the hospital, there will be no pick up games, no fill-in appearances on her dad's club, no road runs to blow the investment. Dolphin will definitely be taking it easy. She loves the game too much to screw it up again.

"The plan is to run the straightaways on the track," Dolphin laughs. "No uneven ground, no curves, nothing. Just straight back and forth."

Until she returns, which should be this spring, Dolphin will have plenty of projects to keep her occupied.

She is in her second term as president of the Pacific Undergraduate Community Council, Pacific's student government. She is completing coursework for her degree in exercise science.

Dolphin will also get married in January. Her fiancé, who is in the military, left for Airborne Ranger training the day of her surgery and could likely see duty in Iraq next year.

Until then, Dolphin will focus on preparing for graduate school and a career as, ironically, an orthopedic surgeon.

"There's a joke with my orthopedist that I have gotten his kids through college and married," Dolphin said. "I have always had ambitions of going into the medical field."

"Now I'm definitely looking at orthopedics with an emphasis in sports medicine. That will be a great way to give back for the opportunities I have been given."

Sidelines

THE OFFICIAL NEWSLETTER OF THE BOXER CLUB • FALL 2006



Pacific University
Department of Athletics
2043 College Way
Forest Grove, Oregon 97116

PACIFIC
UNIVERSITY
1849
BOXERS

HALL OF FAME CLASS HONORS ALL-AMERICANS, REGIONAL CHAMPS



Victor Adams



Warren Arakaki



Brett Jefferies



Cindy Nehring



Chuck Petersen



Jennifer Sharp

A pair of All-Americans and a past NCAA regional champion lead the 15th induction class of the Pacific Athletic Hall of Fame.

Baseball All-American Warren Arakaki, basketball All-American Brett Jefferies and NCAA Pacific Coast wrestling champion Chuck Peterson lead a class of six individuals honored in a ceremony on Oct. 14 at Pacific's McCready Hall. The three were joined by 16-time letterwinner Victor Adams — who received his award posthumously, gymnastics champion Cindy Wacker Nehring and softball pitching standout Jennifer Sharp.

Arakaki earned All-American honors as a second baseman in 1980 after leading the Northwest Conference with a then-school record .456 batting average. That same year, Arakaki was a nominee for the United States Baseball Federation's Golden Spikes Award for the top collegiate baseball player in the U.S. Arakaki was a three-time All-NWC First Team selection (1980, 1981 and 1982), was twice named Pacific's most valuable player and was named a First Team NAIA Academic All-American in 1982.

Jefferies led the 1996-97 Pacific men's basketball team to the Northwest Conference championship, a No. 5 national ranking and the second round of the NAIA Division II National Tournament. The 1997 NWC Player of the Year and All-American averaged 20.3 points (third in NWC) and 8.3 rebounds per game (first in NWC). In addition, Jefferies was named First Team Little All-Northwest in 1997 and was the NAIA Division II National Player of the Week.

Petersen holds the distinction of being Pacific's first wrestling champion, capturing the 1958 NCAA Pacific Coast crown at 191 pounds. He went on to compete

at the 1958 NCAA Wrestling Championships. Peterson also won the 1957 NAIA District II title as a heavyweight and captured the 191-pound title in 1958. A 12-time letterwinner in football, wrestling and track and field, Petersen was the 1958 NWC champion in the discus and his 144 foot, 1 inch mark was the school record for 15 years.

Adams earned 16 letters at Pacific, four each in football, basketball, baseball and track and field. Competing before the formation of the Northwest Conference, Adams was named First Team All-Northwest Non-Conference in 1921 and 1922 as both a halfback and kicker. He also excelled on the hardwood as a forward and in baseball at both first base and shortstop.

Nehring was the 1975 Northwest Regional Women's Collegiate Gymnastics Association all-around champion, taking first place in the vault and floor exercise and second in balance beam. She went on to finish 10th in the all-around at the National Gymnastics Championships and was the women's all-round champion at the Oregon U.S. Gymnastics Federation Championships. Nehring went on to take second in the all-around at the 1977 Northwest College Women's Sports Association championships.

Sharp ranks among the best in the long history of great Pacific softball pitchers. Sharp was named the 1998 NWC Player of the Year after leading the Boxers to the conference title. She compiled a 17-3 record and a 1.06 earned run average that season, striking out 118 and holding opponents to a .190 batting average. Sharp was 10-0 and held a 0.44 ERA against conference opponents that season.

PACIFIC S.I.D. PINS NEW COLUMN, WINS AWARDS

Pacific sports information director Blake Timm has found another avenue to promote Boxer athletics: write a column for the local newspaper.

Timm began writing his "Sidelines" column for the *Forest Grove News-Times* in June. The bi-weekly column will primarily feature stories from Pacific Athletics.

Sidelines can regularly be read on the newspaper's Web site, www.fgnwstimes.com.

In addition, Timm saw two more of Pacific's media guides receive awards in the annual publications competition sponsored by the College Sports Information Director's of America (CoSIDA).

The 2005 Pacific Men's & Women's Soccer Media Guide received a "Second In The Nation" citation in the group's Division C Multi-Sport Media Guide contest.

Likewise, the 2005 Pacific Volleyball was honored with a "Third In The Nation" award in the annual Division C Women's Volleyball Guide competition.

The two Division C contests rated publications produced and entered by NCAA Division III and NAIA institutions in addition to some junior colleges.

The honors are the fifth and sixth publication awards won by the Pacific sports information office since Timm's arrival as sports information director in 1999.

Sidelines

The official newsletter of the Boxer Club is produced by the Pacific University Sports Information Office.

Editor: Blake Timm '98

Photographers: Blake Timm and Jaime Valdez; Hall of Fame photos provided by the inductees. Brett Jefferies' photo courtesy *Forest Grove News-Times*.

PACIFIC WELCOMES NEW COACHES & STAFF MEMBERS

With the start of the 2006-07 season, the Pacific athletic department welcomed three new coaches and a new staff member to Forest Grove.

Joy Boswell began her duties as head women's soccer coach in April. Grier Gatlin stepped in as the Boxers' associate head coach and recruiting coordinator for track and field and cross country in May, while new director of swimming Alec Webster started in July. Brian Cool, Pacific's new athletic facilities manager, began work on Sept. 1.



Joy Boswell

A native of Forest Grove and a Pacific graduate, Joy Boswell comes to Pacific after four years as the head girls' soccer coach at Sunset High School in Beaverton. In her four-year tenure, Boswell led the Apollos to a 35-12-8 record and a berth in the Oregon 4A state semifinals in 2003. She has also been involved with coach at the F.C. Portland Academy since 1991.

Boswell played four seasons under legendary coach Clive Charles at the University of Portland, sharing the field with future U.S. National Team stars Shannon MacMillan and Tiffany

Milbrett. She has adopted Charles' coaching philosophy as her coach, crafting a defensive approach to the game for the Boxers. Boswell graduated from the University of Portland in 1995 with a degree in secondary education, then came to Pacific and earned an undergraduate degree in exercise science in 1998.



Alec Webster

Alec Webster leaves behind years of success in small college swimming in the Midwest to take charge of Pacific's young, but growing, men's & women's swimming program. Webster comes to Forest Grove from Lake Forest College, a Division III school near Chicago.

In his seven years leading the Lake Forest swimming & diving program, Webster coached seven All-Americans, two national champions including the 2006 Division III Diver of the Year, nine Midwest Conference Swimmers/Divers of the Year and 51

conference event champions. Webster's teams never finished worse than third at the Midwest Conference Championships and he led the Foresters' men to the 2001 MWC championship. In his final season, Webster's women's team finished 18th at the 2006 NCAA Division III Championships and he coached Kendall Swett to a national championship in the 1-meter diving event.



Grier Gatlin

Grier Gatlin joins Ron Tabb in leading the Pacific cross country and track programs and becomes the first full-time coach in both sports in school history. In addition to coaching duties, Gatlin will handle the administrative duties for both programs and will coordinate the teams' recruiting efforts.

Gatlin comes to Pacific after eight years as a cross country and distance coach at Southern Oregon University. A 1996 graduate of the Ashland, Ore., school, Gatlin built one of the top NAIA distance programs in the nation from scratch. In seven years leading the Raiders' cross country team, Gatlin coached SOU to the Cascade Conference and NAIA District I championships in 2004 and saw the team successfully defend their conference title in 2005. In six seasons as an assistant coach for the track and field squad, Gatlin coaches six All-American performers, including a national-placing 4x800-meter relay team and an All-American in the 1,500 meters.



Brian Cool

Brian Cool brings to Pacific over 15 years in groundskeeping and athletic facilities maintenance. He was most recently the athletic fields maintenance manager for the Florida Institute of Technology while also running his own turf and landscape business. An experience Major League Baseball groundskeeper, Cool was the head groundskeeper for the Triple A Fresno Grizzlies from 2001-02. He has also worked as a groundskeeper Richmond (Va.) Braves, the Eugene Emeralds and for the Florida Marlins' spring training facilities. He was twice named the Northwest League's

Groundskeeper of the Year for his work with the Emeralds.

2005-06 Year In Review

PACIFIC CELEBRATES A YEAR OF ALL-AMERICANS AND CONFERENCE CHAMPIONS

What a year it has been for Pacific Athletics! At the beginning of the Boxers' new "Era of Excellence," Pacific athletes have celebrated conference championships, All-American performances and exceptional accomplishments in the classrooms. Here are a few of the highlights that made the 2005-06 school one to remember on the Pacific courts and fields.



ONCE, TWICE, THREE TIMES A CHAMPION: For the third year in a row, the Pacific women's golf team brought home the Northwest Conference championship trophy from central Oregon. The Boxers wrapped up their third straight title by winning the NWC Spring Classic by an amazing 34 strokes. In the process senior Sara Shelton and sophomores Molly Lindbloom and Kelly Hartley earned all-conference honors.

Unlike their previous two championships, the Boxers 2006 trophy proved a little harder to earn. For the first year, the NWC championship was decided based on the finishes in three tournaments throughout the course of the year. Teams earned points toward the crown based on their finish at the NWC Fall Classic, NWC Spring Classic and NWC Championships tournaments.

ARNALL WRAPS UP DISTINGUISHED CAREER:

Two-sport standout DeeDee Arnall wrapped up her Hall of Fame Pacific career in May with a second trip to the NCAA Division III Track And Field Championships. Arnall earned her second All-American plaque in the javelin, finishing in second place with a throw of 153 feet, 2 inches. Three weeks later, Arnall threw a school record mark of 154 feet, 2 inches at a meet in Canada, which also met the "B" qualifying standard for the U.S. National Track And Field Championships.

On the court, Arnall proved again to be a dominant player, finishing ranked 15th in Division III at 20.8 points per game. She set a new Pacific career record for scoring average

at 17.8 points per game and finished just 20 points short of the school's career scoring record. Arnall ranked 15th in Division III with 20.8 points per game, was named First Team All-NWC, First Team All-West Region and Third Team All-American by D3Hoops.com.

In addition, Arnall earned ESPN The Magazine Academic All-American honors in both women's basketball and track and field. In January, she was honored with the Ad Rutschman Award, presented annually to the top male and female small college athlete in Oregon.

BARKER'S MARCH TOWARDS TITLES:

Arnall was not the only Pacific placer at the national track meet. For the second straight season, junior Brooke Barker earned All-American honors in the heptathlon. Barker was the national runner-up at the Division III Track And Field Championships, picking up a school and conference record 4,834 points. In addition, Barker competed in the javelin at the national meet after entering with the then nation's best mark of 153 feet, 10 inches. With the graduation of national champion Christine Hendricks of Calvin, Barker stands to be the favorite for the national title entering the 2007 season. In addition, Barker was the NWC champion in the heptathlon and placed in the 200 meters, 400 meters and the javelin.



GOLFER SELECTED AS FULBRIGHT SCHOLAR:

As if winning a third conference title wasn't enough, senior Kelly Curtan had the excitement of being one of three Pacific students to be selected for a Fulbright Scholarship. Curtan, who played a major role in all three of the Boxers' women's golf championships, is currently in Spain studying bilingual education at an elementary school. Curtan credited her involvement with Pacific golf, in part, for her successful award. "One of the things that was on the application was that I have learned to manage my time because I am a student-athlete," Curtan said.

DIRECTOR'S CORNER • Continued From Front Flap

Finally, we are looking forward to the completion of our outdoor facilities project over the next year. The new outdoor complex will feature an Olympic size track, a new FieldTurf surface for soccer and lacrosse, a new softball facility featuring a permanent seating structure, scoreboard and press box. Also, as part of this project, is the redesign of Bond Field, longtime home of our baseball program. This redesign also includes a permanent seating structure and new press box and a complete field refurbishment.

We are also continuing our attempts to bring Football back to Pacific. The process of fundraising for start-up costs for the program has been slower than I expected, but we have made progress. I am hopeful we can reach our fundraising goals by the end of this academic year and begin the 100th year of Pacific Football in the fall of 2008. If you would like to join our Football Founders

Campaign, please contact me at schumank@pacificu.edu.

It is truly a great time to be a Boxer! Don't miss our Boxer Club Social on Thursday, October 19th at 7pm at the MacTarnahan's Tap Room in Northwest Portland. I look forward to seeing you there!

Go Boxers!

Ken Schumann
Director of Athletics

What's On Tap...

MEN'S BASKETBALL

11/17	Evergreen State	7:30 pm
11/18	NW Christian	7:30 pm
11/25	at NW Nazarene	6:30 pm
11/28	Multnomah	7:30 pm
12/1	at Whitworth	8:00 pm
12/2	at Whitman	6:00 pm
12/9	Cascade	7:30 pm
12/16	vs. Cal Lutheran*	1:00 pm
12/17	vs. Caltech*	1:00 pm
12/18	at La Sierra	1:00 pm
1/5	at Willamette	8:00 pm
1/6	Puget Sound	8:00 pm
1/9	Lewis & Clark	8:00 pm
1/13	George Fox	8:00 pm
1/19	at Linfield	8:00 pm
1/20	at Pacific Lutheran	8:00 pm
1/26	Whitworth	8:00 pm
1/27	Whitman	6:00 pm
2/2	Willamette	8:00 pm
2/3	at Puget Sound	8:00 pm
2/6	at Lewis & Clark	8:00 pm
2/10	at George Fox	8:00 pm
2/13	at NW Christian	7:30 pm
2/16	Linfield	8:00 pm
2/17	Pacific Lutheran	8:00 pm

SWIMMING

10/27	NWC Sprint Pentathlon	(at Lewis & Clark)	5:00 pm
10/28	NWC Relays	(at Linfield)	11:00 am
11/10	at Willamette		6:00 pm
11/17	at Puget Sound		6:00 pm
11/18	at Pacific Lutheran		6:00 pm
12/2	Northwest Invitational	(at PLU)	6:00 pm
12/3	Northwest Invitational	(at PLU)	10:00 am
1/12	Whitworth		6:00 pm
1/13	Whitman		1:00 pm
1/19	at Lewis & Clark		6:00 pm
1/20	at Linfield		1:00 pm
1/27	at Oregon Small College Chmp.		10:00 am
2/9	at NWC Chmp.		10:00 am
2/10	at NWC Chmp.		10:00 am
2/11	at NWC Chmp.		10:00 am

MEN'S WRESTLING

10/27	Alumni Match		7:00 pm
11/4	Pacific Junior Open		10:00 am
11/5	Mike Clock Open		10:00 am
11/11	at VisionQuest Duals	(Opponents TBA)	TBA
11/18	at SOU/Best of the West Open		9:00 am
11/25	at Boise St. Open		TBA
12/2	at Simpson Invite		7:00 am
12/18	at Wartburg Desert Duals	(Opponents TBA)	TBA
1/5	at Portland State		7:00 pm
1/7	at Portland St. Open		TBA
1/12	at Oregon Classic		TBA
1/19	Menlo		7:00 pm
1/20	at Clackamas Open		TBA
1/26	South Dakota St.		7:00 pm
1/29	at North Idaho		7:00 pm
2/2	at So. Oregon		7:30 pm
2/4	Northwest Open		10:00 am
2/17	at NCAA Great Lakes Regional		7:00 am
3/2	at NCAA Championships		
3/3	at NCAA Championships		

* - at Caltech-Kingsmen Classic, Pasadena and Thousand Oaks, Calif.

WOMEN'S BASKETBALL

11/17	Northwest (Wash.)	5:30 pm
11/18	NW Christian	5:30 pm
11/20	Concordia (Ore.)	7:00 pm
11/25	vs. Cal Maratime*	2:00 pm
11/26	at Menlo*	4:00 pm
12/1	at Whitworth	6:00 pm
12/2	at Whitman	4:00 pm
12/15	at Warner Pacific	6:00 pm
12/16	at Evergreen St.	6:00 pm
1/2	Warner Pacific	6:00 pm
1/5	at Willamette	6:00 pm
1/6	Puget Sound	6:00 pm
1/9	Lewis & Clark	6:00 pm
1/13	George Fox	6:00 pm
1/19	at Linfield	6:00 pm
1/20	at Pacific Lutheran	6:00 pm
1/26	Whitworth	6:00 pm
1/27	Whitman	4:00 pm
2/2	Willamette	6:00 pm
2/3	at Puget Sound	6:00 pm
2/6	at Lewis & Clark	6:00 pm
2/10	at George Fox	6:00 pm
2/13	at NW Christian	5:30 pm
2/16	Linfield	6:00 pm
2/17	Pacific Lutheran	6:00 pm

* - at Menlo Tournament, Atherton, Calif.

WOMEN'S WRESTLING

10/14	at Sunkist Kids Invitational		10:00 am
10/27	Red/Black Intersquad Match		7:00 pm
11/4	at Clan Int'l Tourn.		9:00 am
11/5	Mike Clock Open		10:00 am
11/11	at VisionQuest Duals	(Opponents TBA)	TBA
1/7	at Portland St. Open		TBA
1/12	at Oregon Classic		TBA
1/19	at Lady Oak Open		3:00 pm
1/20	at Lady Oak Invite		Noon
1/27	Lady Boxer Open		1:00 pm
2/4	Northwest Open		10:00 am
2/17	at Cumberland		3:00 pm
3/9	Women's Nationals		10:00 am
3/10	Women's Nationals		9:00 am

NOTE: All times are local to event site and subject to change. For updated game times and dates, visit www.goboxers.com.

Boxer Club Fall Tailgate!

Come rally around Boxer Athletics and join current and former coaches and fellow Boxer boosters. You'll learn how you can help current students succeed on and off the field.

Thursday, Oct. 19, MacTarnahan's Tap Room, 2730 NW 31st St., Portland, 7:00 p.m.

Advance Reservations Required! To RSVP, call 503-352-2057 by Thursday, Oct. 12.